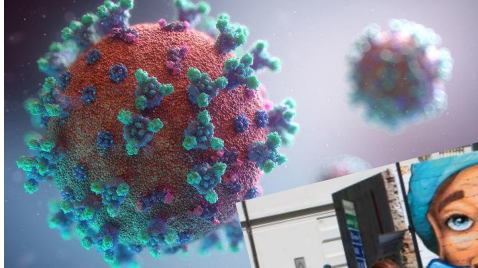


**from
inspiration TO
ACTION**

**LET'S FIGHT AGAINST
COVID-19!**

From inspiration

It has drastically changed our usual way of life. We didn't expect it to happen.



МІНІСТЕРСТВО
ОХОРОНИ
ЗДОРОВ'Я
УКРАЇНИ



*Борітесся-
ноборе*

#STOPКОРОНАВІРУС
COVID-19.COM.UA

COVID-19 ALERT



WEAR A
MASK

Hi, I'm Lucia Garcia, my opinion about the coronavirus. I find it worrying and sad to see how the media and other people who are not well informed are creating panic in the population. People are inviting everyone to buy excessively, but what about the other people who are just raising money to buy some things? Those who cannot go to work and do not have the resources are more disadvantaged.

Rispondi • Citazione • Modifica • Elimina

SP Lucia Garcia - 13.11.2020 @ 14:05

Hi!

I am María Rodríguez from Spain. Right now, we have lockdowns in some areas of our country, not in all of them. We must wear the mask in school, and outside. We can't meet many friends, only some of them. In my family, we are all right. Here in Spain, we love hugs, but now we can't hug our friends or family, because of COVID-19.

What about your countries? Have a nice week!!

María.

Rispondi • Citazione • Modifica • Elimina

SP Maria Rodriguez - 13.11.2020 @ 14:06

Hi!

I am Belén Santaescolástica from Spain. I think what you have written can help other people to know more about coronavirus, what you have to do to avoid catching it. It is difficult for us not to give hugs, to have to be with the mask all the time, at a distance... This year, many things are different because of the covid, but we hope that it will be over soon and we will return to normal.

Rispondi • Citazione • Modifica • Elimina

SP Belen Santaescolastica - 13.11.2020 @ 14:10

Hi! How are you? Im Angela Serrano from Spain. How did you pass the quarantine? Have you managed to reduce infections? Here the things are not good, but we are trying to make it reduce each time more. I hope this ends as quickly as possible.

Hello, do you wear a mask when you go out ?

In French, we had a new lockdown.

Have you also had a lockdown in Italy, in Ukraine, in Spain ?

Rispondi • Citazione • Modifica • Elimina

frraphael g - 05.11.2020 @ 09:46

Hello, How are you ?

Did you know that covid-19 mean CoronaVirus Disease 2019?

Goodbye Ambre and Alexia.

Rispondi • Citazione • Modifica • Elimina

frambrep - 05.11.2020 @ 09:49

Hello ! Today, We'll talk Coronavirus's.

First, the tools and ways to fight is : Hand sanitizer, Mask, Glove, Isolation, Social distancing.

Next, the barrier gesture is: Wash your hands regularly, Saying hello without shaking hands, Keeping a safe social distance, Wear a mask and stay at home !

Third, the new is : We live a world crisis and health crisis, it's a epidemic period we are in quarantine.

To finish, the people and people at risk is the carrier, elderly person, vulnerable people, underlying condition and respiratory disease !

Next, the test and testing is : A diagnostic test, after this the screening test and swab. After this, Your results is positive or négatif !

Thank you for reading, have a good day ! Perrine and Jean.

Rispondi • Citazione • Modifica • Elimina

frieannb - 05.11.2020 @ 09:51

Hi Raphael g,

How are you? I'm ok, but also in Italy there is a new lockdown and the prohibitions aren't the same in all Italy. In fact the country is divided in three areas: yellow, orange and red areas; I'm in the red area, so I don't go to school, I have in line lessons and I must always wear the mask when I go out. We can't go out after 10 p.m. and I must go out home only for necessary actions.

Have a good day!

Emanuela from Italy

Rispondi • Citazione • Modifica • Elimina

Emanuela Valli - 12.11.2020 @ 16:03

Hello Khalil n,

I'm fine and you? Also in Italy there is the lockdown, I am in the red area so the schools are closed and in fact we have online lessons. This period is a little difficult to live, we cannot have contact with our friends, we are forced to stay at home and I miss the normal routine and going out. I hope you are fine.

Have a nice day.

Elisa from Italy

Rispondi • Citazione • Modifica • Elimina

Elisa Pedà - 12.11.2020 @ 17:08

Hello Louane n,

How are you? I'm all right except for being in lockdown again. I am in a red area, it is not recommended to leave the house if not for necessity and for this reason I have online lesson. We all miss the normality a lot, being in contact with other people, talking, things that before Covid looked like obvious and quite normal. But the most important thing is to be healthy and we hope to overcome this moment. I hope you are well. Have a nice day!

Domenica. from Italy

Rispondi • Citazione • Modifica • Elimina

Domenica Marcianò - 12.11.2020 @ 18:35

My mini biography: Hi, my name is Artem, I'm from Ukraine, I live in Bilmak, I'm 14 years old. There is a lack of medical equipment in Ukraine and not all people take the rules seriously because of this, the covet is progressing in our country. Fortunately, my relatives and I did not get sick Covid-19

Rispondi • Citazione • Modifica • Elimina

Artem Y - 19.11.2020 @ 09:58

Hello!

My name is Zhenia, Juliya, Sonia.

We live in Ukraine, Bilmak village. Our situation with the coronavirus is not easy, there are more than 200 infected.

We are very sad because a lot of people have died. And we are not allowed to go for a walk, we only go to school and sit at home.

EVERYONE IS AFRAID OF THE CORONAVIRUS!!!!!!

BYE!

Rispondi • Citazione • Modifica • Elimina

Zhenia N - 19.11.2020 @ 10:04

Hi! My name is Kristina. I'm from Bilmak, Ukraine. I am safe but worried about the situation with the covid. There are more and more infected people. And it's still not easy to change our usual way of life and to refuse from many things we enjoyed doing. Luckily, we live in a very small town and most people have gardens where we can walk and breathe in fresh air without masks. I want everyone to be healthy and happy. Hope the virus will stop spreading soon.

Rispondi • Citazione • Modifica • Elimina

Kristina Kho - 20.11.2020 @ 18:19

Hello everyone, I'm Ilaria from Italy.

I would like to tell you that I hope this tragic situation will end as soon possible because we are all tired of being locked in the house and afraid. This Virus has upset our lives. And to think that it has only been a year since it all started... I pray that all people respect the rules because otherwise we will not go anywhere... KISSES FROM ITALY.

To Action

- current actions in our countries so as to remain safe
- together, let's write and illustrate actions to remain strong during the health crisis

Current actions to remain
safe

In France

18/12/2020

year 10 F

Writing poems about COVID-19

AN ACROSTIC POEM ABOUT COVID-19 :

by Léo and Tom, 2 French students

Confinement must be respected
Outside, you can go but be careful
Virus is everywhere
I hope it will finish soon
Distance has to be respected too.



WET HANDS UNDER WARM WATER



WASH WITH SOAP FOR 30 SECONDS

From inspiration to action
eTwinning project.

A cinquain poem about
Covid-19 by Léo and Tom :



Covid
Horrible, terrible
Mask, sanitizer, distance
Lockdown is hard for all of us
Virus

Made with PosterMyWall.com

In France

A CINQUAIN POEM BY ZIYAD :

COVID

UNWELL, ANNOYING

COUGHING, STRESSING, IRRITATING

COVID STOP BOTHERING US !

VIRUS

A cinquain poem by Apolline

COVID

Dangerous, tired

Breathing, killing, boring

We are afraid, we are angry

Lockdown

A cinquain poem by Aurore

COVID

Deadly, unsafe

Annoying, lasting, being sick

Makes people anxious

Imprisonment

A cinquain poem by Yassine

COVID

Sick, ill

Hiding, spreading, killing

Brings a lot of fear

Virus

A cinquain poem by Noah

Covid

Harmful, Dangerous

Killing, Coughing, Hurting

I'm sick of it, it needs to stop.

Disease

In France

Covid

Fatal, unsafe

Killing, Dying, Infecting

The pandemic is spreading

Virus

Call your relatives - you should stay connected with your loved ones.

Observe the death toll : increasing? decreasing?

Virtual class is to encourage

It's forbidden to go out without a mask

Doors and windows should be opened for a good ventilation

Cough or sneeze in your elbow

Often wash your hands

Ventilation can be provided through open windows

I and my friends say hello without shaking hands!

Don't go out without a mask!

In Spain



In Spain

THINGS THAT YOU HAVE TO DO DURING THE CORONAVIRUS



You have to wear the mask all the time so as not to get infected and infect other people.



You have to use hydroalcoholic gel to disinfect your hands from any type of virus when you touch something.



**ALL UNITED
AGAINST THIS WE
CAN WITH IT AND
MORE!**



In Spain

Click here to know more about Coronavirus!





#STOPCORONAVIRUS

This is not a game!

We must be responsible

Stay safe



STAY SAFE:
Keep two meters away
Use the mask
Wash your hands



**IF WE WORK TOGETHER
WE WILL BE ABLE TO
STOP IT!**

In Italy

RHYMING TIPS

1- Your only task
is wearing a mask



2- I tell you in advance
Keep the distance



3- I and my friends
always wash hands



4- Cough or sneeze
into your elbow, please



A new scenario

The COVID-19 pandemic has revealed that things can, and must, change. It has given us hope, hope that a better world is possible. That we can have blue skies, clean air, healthy food, equitable societies, and happier lives. That we can live with less flying and less driving and mobilise in new ways to uplift our society in times of need. Together, we can reach and step into that new world; build back better with it, and love it even more.

ACTION

Against Covid pandemic scientists around the world are reinforcing the importance of wearing face masks to prevent the transmission of the virus. But the massive use of face masks means a massive increase of disposable waste—much of it made from plastic. So, which is the challenge? Easy: choose a reusable mask to protect people and the planet. Wearing a reusable mask, which can be made at home it is actually a positive ACTION you can take for yourself, for others, and for the environment.



In Ukraine

What do you need to know?

WASH YOUR HANDS WHENEVER YOU CAN. 

WATER SHOULD BE YOUR DRINK OF CHOICE.

WEAR A MASK ESPECIALLY IF YOU CAN'T AVOID CROWDED PLACES.

WAVE TO SAY HELLO INSTEAD OF EMBRACING OR SHAKING HANDS.

WORRY ONLY MAKES YOU WEARY, TRY TO RELAX AND HOPE FOR THE BEST.

WAIT NO LONGER TO SEE YOUR DOCTOR IF YOU DEVELOP FLU SYMPTOMS.

The Ws you need to Follow
in times like this



Made with PosterMyWall.com

Stay positive!

The choice is yours!



We still have the same opportunity for happiness that we did before...



In Ukraine



Take care of yourself!



In Ukraine



STAY POSITIVE AND HEALTHY!

USE OF MASK IS
MANDATORY



KEEP SOCIAL
DISTANCING

CLEAN YOUR
HANDS OFTEN



What to do to remain strong
(advice)

advice given by France/illustrated by Spain

In order to remain strong,
don't stay alone! You can talk by
phoning and by using social
network.



advice given by
Spain/illustrated by Italy

Don't be scared, but respect!
Fear will make you weak!



advice given by Italy/illustrated by Ukraine

Take care of yourself, reduce all sources of stress.

Dedicate time to activities that improve your mood. That can be listening to music, a film, a good book, a hobby .That will help you stay healthy and calm.



advice given by Ukraine/illustrated by France

Exercise and Stay Active

Being active activates hormones that boost your immune system, can help with relaxation and even improve sleep.

Find ways to be active, either outdoors while practicing social distancing or in your home: go on a hike, take on online yoga class, walk your dog, jog outside in uncrowded areas, or try a YouTube exercise class.



By Aïcha, a French pupil

advice given by Ukraine/illustrated by Italy

Find ways to be kind! Practise
gratitude, support others!

